SOLO CRUISING 101

The Solo Packing Checklist

Pack light, roll tight, and keep the essentials with you.

Use this checklist on packing day, and pack the carry-on last so the essentials sit on top.

Carry-on essentials for embarkation day

- ☐ Travel documents
- ☐ Medication
- ☐ Phone charger
- ☐ Change of clothes
- ☐ Swimwear
- ☐ Dinner clothes, when your first dinner falls on embarkation night

Valuables that stay with you

- ☐ Camera
- ☐ Laptop
- ☐ Jewelry
- ☐ Prescription medication
- ☐ Anything you cannot replace

Rolling steps at a glance

1. Lay the garment flat, face down
2. Fold the garment into a rectangle
3. Start the roll at the bottom edge
4. Keep the roll tight and even
5. Place rolls side by side in the bag or packing cube
6. Fill gaps with small soft items, then close the bag

Fold structured jackets and crisp dress shirts flat instead of rolling them.

Final weigh-and-measure check

- ☐ Measure the bag for the size test, and weigh the bag for the weight test
- ☐ Pack a small margin under the weight limit
- ☐ Check your booking for your own allowance
- ☐ Move heavy items between bags when one bag runs over the limit
- ☐ Lift the bag once to check the weight and balance

Finish every check before you leave home, and the bag is ready for the airport and the gangway.



Nervous. Booked it. Best decision!
solocruising101.com
From “Luggage Rules and Rolling Clothes for Solo Cruisers.”